Participant Enrollment Worksheet ABC Company 401k Retirement Plan Plan ID: ABC111111

ENROLLMENT INSTRUCTIONS

Please complete this worksheet before you enroll in the Plan through the Voice Response System at 888-123-4567 or the Internet Site at www.metrohillinc.com. The systems will guide you through the steps.

CONTRIBUTION ELECTION

Enter the amount you would like to contribute from each paycheck.

Elective Deferrals

I elect to contribute _____% of compensation per pay period on a **pre-tax** basis. (Maximum plan limit for pre-tax and Roth contributions: 50%)

I elect to contribute _____% of compensation per pay period to a **Roth account**. (Maximum plan limit for pre-tax and Roth contributions: 50%)

INVESTMENT ELECTION

Select your investment options and the desired percentage. Enter whole percentages and make sure that your total investments equal 100%.

Am Beacon Acadian Emg Mkts Mgd Vol Fund (A)	ACDAX	%
Am. Beacon Bridgeway Lg Cap Value Fund (A)	BWLAX	%
Blue Chip Investor Fund	BCIFX	%
Dodge & Cox International Stock Fund	DODFX	%
Dreyfus Active MidCap Fund (A)	DNLDX	%
Dreyfus Disciplined Stock Fund	DDSTX	%
Fidelity Advisor Biotechnology Fund (I)	FBTIX	%
Invesco Asia Pacific Growth Fund (A)	ASIAX	%
JPMorgan Small Cap Growth Fund (A)	PGSGX	%
Lazard U.S. Small-Mid Cap Equity Fund (I)	LZSCX	%
Vanguard GNMA Fund (Inv)	VFIIX	%
Am. Funds 2010 Target Date Retire. Fund (A)	AAATX	%
Dodge & Cox Balanced Fund	DODBX	%
Fidelity Adv. Convertible Securities Fund (I)	FICVX	%
Fidelity Adv. Strat. Dividend & Inc. Fund (I)	FSIDX	%
Invesco Balanced-Risk Allocation Fund (A)	ABRZX	%
Federated Capital Preservation Fund (ISP)	CAPPR	%
WT CIT III for Metlife GAC 25554 Fund (M)	N/A	%
		100%

PLEASE KEEP THIS WORKSHEET FOR YOUR RECORDS